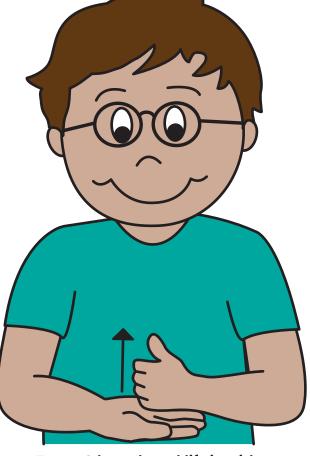
## help



Form S hand and lift it with palm of other hand.

## night



Hold arm parallel to body. Cup hand and bring it down over arm to show the sun setting.